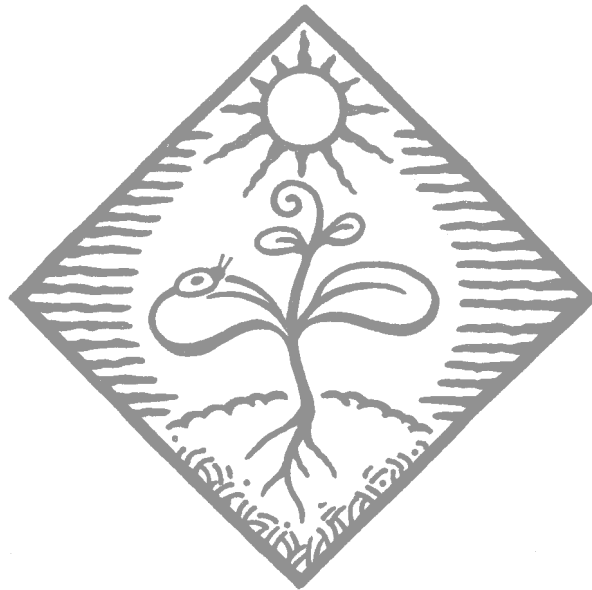


**ANCHOR RUN CSA  
2009  
MEMBER HANDBOOK**



## Welcome to the 2009 growing season at Anchor Run CSA

Thank you for joining our farm. Please read this handbook carefully and keep it for future reference. This handbook, along with the weekly email newsletters and the website, will provide you with all the information you need to make your experience at our farm a good one.

### Contact Information

Website: [www.anchorrunfarm.com](http://www.anchorrunfarm.com)

Farmers: Dana Hunting and Derek McGeehan

215-598-1519

[farmers@anchorrunfarm.com](mailto:farmers@anchorrunfarm.com)

Membership: Ann Lohr

215-860-1998 ([membership@anchorrunfarm.com](mailto:membership@anchorrunfarm.com))

Webmaster: Hal Wright ([website@anchorrunfarm.com](mailto:website@anchorrunfarm.com))

Newsletter: Tina Bashline ([TLBashline@comcast.net](mailto:TLBashline@comcast.net))

Bonus Features: position open

Secretary: Judith Richardson

Recipes: Linda Dansbury

### Anchor Run Farm

Our CSA is part of Anchor Run Farm, Wrightstown Township's open space preserve. The open space was purchased with the support of the Township's residents and Bucks County Open Space Funds. Wrightstown Township is committed to protecting farming and encouraging environmentally responsible practices in our community. The grounds are open every day from 8:00am – 8:00pm and you are welcome to walk down to the creek, or around the big fields. Dogs on leashes are welcome.

### Directions

Anchor Run CSA is located at 2578 Second Street Pike (Route 232) in Wrightstown, PA. We are just south of the intersections of Routes 232 and 413. From the intersection, drive south on Route 232 about ½ mile, the farm is the first driveway on your right.

### Farm Hours

#### Pick-up times

MONDAYS OR THURSDAYS 1:00 PM - 8:00 PM

**RAIN OR SHINE**

#### U-pick times

8:00 AM – 8:00 PM EVERYDAY

The farm is open for pick-up on all holidays. (Memorial Day, July 4<sup>th</sup>, Labor Day, etc)

\*\*\* Picnic tables and walking trails are available for your use from 8am-8pm every day.

## Produce Pick-up Guidelines

1. **Parking** Parking for the farm is only in the rear parking lot. Please do not park next to the barn or either of the two farm houses.
2. **Bring Your Own Bags** We do not supply bags for picking up your produce. Please bring baskets, bags or a cooler to transport your vegetables home.
3. **White Boards** Please make sure to check off your name on the white board in the barn.
4. **Bulletin Boards** Read the bulletin boards for announcements and take a paper newsletter if you do not receive one by email.
5. **Black/Green Boards** Read the black/green boards for instructions on how much of each item you are allotted. Please do not take extra of any item as we harvest exact amounts.
6. **“Take it or Leave It Bin”** At the end of the pick-up tables there will be a bin for members to leave any vegetables they do not want. Rather than leaving it on the pickup tables where it will be donated at the end of the day, you may place undesired produce in the bin. Then another member can take an extra of something they would like more of.

### ✂ U-pick crops

In addition to picking up your produce from the barn there are designated u-pick crops in the field. These include: all perennial herbs such as peppermint and oregano; flowers; cherry tomatoes; tomatillos; hot peppers; beans; soybeans and sugar snap peas.

Some of these crops are limited and some are unlimited. You can pick your **weekly allotment** of these crops **any day of the week**, not only on your assigned pick-up day. Please read the U-pick board carefully. There is also a clipboard out in the fields to remind you of the amounts.

Once in the field look for markers designating what and where you should pick. You may use the quart, pint and half-pint baskets in the barn for picking, but please return them to the barn after use.

### ✂ What to bring for U-pick

Please bring along scissors or a sharp knife, a container with water for flowers, baskets for picking into, hat, sunscreen and a water bottle.

### Rained out?

If it is raining on your assigned pick-up day, you are welcome to return **ANY DAY** from 8am - 8pm to pick both the limited and unlimited crops. Occasionally the farmers will close the U-pick fields for several hours due to excessive rain.

## **Conflicts on your pick-up day? What to do if you're away or on vacation?**

If you will not be able to pick up your produce on your assigned day, you have 3 options for what to do with the harvest:

☼ **Give your produce away** – to a friend, relative, someone you think might want to join our farm next year. This is by far the best way of advertising for our farm. You do not need to tell us if someone else will be picking up for you, but please let your replacement read this handbook and give them any additional instructions. The farmers are quite busy on pick-up days so we will have a “pick-up guidelines” sheet in the barn for guests.

☼ **Change your pick-up day** You are welcome to switch your pick-up day with advanced notice. **This must be done before any of the crops are picked for the week.** Please email the farmers (or sign the sheet in the barn) by **5:00PM, Sunday** of the week you want to switch days.

☼ **Donate your produce** Each week the leftover perishable vegetables will be donated to the local food pantry in Glenside.

☼ **Half Shares** You are welcome to switch your pick-up day with advance notice from Monday to Thursday or Thursday to Monday just as with full shares. At this time we cannot accommodate switching week A to B or B to A. If you have a need to switch a week, you may place a classified on the website and see if anyone would like to switch with you.

### ***Safety at the farm – READ THIS PLEASE!!!!***

1. Please supervise children at all times. Do not let children play on or near any farm equipment and keep track of children while picking in the fields.
2. Drive slowly, under 10 miles per hour, and be mindful of children and small animals.
3. Watch your step – look out for holes, ruts and irrigation. Sturdy shoes are recommended.
4. No one is allowed in the hen yard.
5. A SPECIAL REQUEST FROM THE FARMERS: Please refrain from smoking and cell phone use in the fields, so that everyone can enjoy the fresh air and serenity of our beautiful farm.
6. Remember your “farm kit” for U-pick and workshifts. (hat, gloves, sunscreen, water bottles, scissors, bags/boxes)

### **Our Core Group**

Our farm is greatly enhanced by the hard work and creativity of our core group. These volunteers meet with us monthly and put in many hours to increase the enjoyment of all farm members. The core group members help us coordinate the weekly newsletter, membership, social events, website, recipes, outreach and member work hours.

## **Work requirement**

Each full share commits to a minimum of 8 hours and half share commits to a minimum of 4 hours of labor during the growing season. Members are requested to complete at least 4 of their 8 hours (2 of 4 hours for half shares) by the end of June. Workshift descriptions will be available to view on our website throughout the season; members will be able to sign up for workshift online or in the barn. In addition, there are “special project” days when it is time for garlic, onion, and potato harvests, and strawberry and garlic planting. You can always check the website or the calendar in the pickup room in the barn (once weekly pickups have begun) to see what is coming up and to sign up for workshifts. In order to be eligible to renew your membership for next season, you must complete your work hours or make special arrangements with the farmers before the end of the season. For more information please refer to the Anchor Run Member Work Guidelines posted on the website, or see the copy that is posted in the barn.

## **Social events**

We are happy to offer many chances to get together and socialize during the season. We host monthly potluck dinners and other special events. Bring a dish-to-pass, a beverage and your own place settings.

**Please look for potluck/festival dates on the blackboards in the barn, in our newsletters, on our website and via email announcements.**

## **Newsletter**

During the harvest season, you'll receive a weekly newsletter full of news from the farm, announcements, recipes, expected harvest and more! This is your best source, other than the website, for keeping up to date with the goings on at the farm, so please read it carefully each week.

If you have supplied your email address to the farm you will automatically receive a newsletter via email or you can request a paper copy that will be in the barn.

**WE ARE LOOKING FORWARD TO A  
BOUNTIFUL SEASON!!**